

# PLAN. PROVIDE. TRAIN.

## National Safety Stand-Down 2026

To Prevent Falls in Construction | May 5-9



### WHAT IS A SAFETY STAND-DOWN?

A Safety Stand-Down is a voluntary event for employers to talk directly to employees about safety. Any workplace can hold a stand-down by taking a break to focus on "Fall Hazards" and reinforcing the importance of "Fall Prevention". Employers of companies not exposed to fall hazards, can also use this opportunity to have a conversation with employees about the other job hazards they face, protective methods, and the company's safety policies and goals. It can also be an opportunity for employees to talk to management about fall and other job hazards they see.

### 5 WAYS TO PREVENT WORKPLACE FALLS

#### 1 PLAN AHEAD

Identify fall hazards and safety measures before starting work.

#### 2 USE PROPER EQUIPMENT

Provide and maintain fall protection gear like harnesses and scaffolds.

#### 3 TRAIN WORKERS

Educate employees on fall risks and proper equipment use.

#### 4 INSTALL SAFETY BARRIERS

Use guardrails, lifelines, and other physical protections.

#### 5 INSPECT EQUIPMENT

Check all safety gear before each use to ensure functionality.



**Falls are the leading cause of death in construction.**

*In 2022, 395 out of 1,056 construction fatalities were due to falls (OSHA).*

**Lack of fall protection is the most cited OSHA violation.**

*OSHA's #1 most frequently cited standard every year is related to fall protection.*

**WE'RE HERE TO SUPPORT YOU.**

contact us today at [wecare@ritzsafety.com](mailto:wecare@ritzsafety.com)

**PROPER TRAINING AND EQUIPMENT CAN PREVENT FALLS.**

*Employers with fall protection programs reduce fall-related injuries by up to 70%.*

For more information, visit [osha.gov/PreventFalls](https://www.osha.gov/PreventFalls)

The statistics provided are for informational purposes only and are sourced from OSHA and other industry reports. While efforts have been made to ensure accuracy, Ritz Safety makes no guarantees regarding completeness or applicability. Always refer to OSHA and official safety regulations for the most up-to-date information.



Want more safety insights?  
Scan the QR code to access  
OSHA's Stand-Down resources.

